ASEAN Mental Health Task Force (AMT) 2011 - 2013

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The 3rd Global Mental Health Summit
Progress and Achievement of the AMT

- From the Strategic Planning Workshop on Mental Health held in Thailand in 2011, the ASEAN Mental Health Task Force (AMT) was established and its Work plan 2011-2015 was developed.

- The AMT and its work plan were endorsed by the 7th SOMHD Meeting in Cebu, Philippines, in March 2012.

- The 1st AMT Meeting was held in Ha Noi, Viet Nam, in May 2012.

- The 2nd AMT Meeting was held in Bandar Seri Begawan, Brunei Darussalam, in July 2013.

- The 3rd AMT Meeting will be held in Cambodia in March 2014.
The Strategic Planning Workshop on Mental Health, Thailand 2011
AMT’s Work Plan 2011 – 2015
Strategy I.
Developing ASEAN policy advocacy on mental health

1.1 Conduct a *workshop* to develop ASEAN policy advocacy on mental health (Thailand, Malaysia)

1.2 Launch of *ASEAN campaign* on mental health eg. *ASEAN Healthy Mind Day* (Malaysia, Singapore)
Strategy II.
Facilitating the integration of mental health into health care system and strengthening the capacity building

2.1 Conduct a **country report** focusing on mental health integration into health care system (Indonesia, Thailand, Cambodia)

2.2 Share the **best practices/case studies** of the mental health care integration among ASEAN (Indonesia, Thailand, Cambodia, Lao PDR)

2.3 Implement the **mhGAP** and develop the monitoring and evaluating program across ASEAN (Viet Nam, Thailand, Indonesia, All AMS)

2.4 Develop **comprehensive inventory** of the existing programs and the training capability of ASEAN (Philippines)
Strategy III.
Facilitating and strengthening the mental health data information system, knowledge management and research among AMS

3.1 Establishment of ASEAN Data Bank on mental health (Philippines)

3.2 Development of common research guidelines for the ASEAN Data Bank (Philippines)

3.3 Establishment of ASEAN network on mental health (Network and Website development) (Thailand, Singapore, Brunei Darussalam)

3.4 Identification of outcome indicators on ASEAN mental health (Malaysia, Thailand)
Strategy IV. Establishing ASEAN Networking on Mental Health

4.1 Facilitate ASEAN Mental Health Task Force conference into existing platforms: ASEAN Federation of Mental Health, International Mental Health Conference etc. (Singapore, Brunei Darussalam, Indonesia, Thailand)

4.2 Meeting on ASEAN Mental Health Task Force (AMT) (AMS by alphabetical order)
The 1st AMT Meeting in Viet Nam, 2012
The 2nd AMT Meeting in Brunei, 2013
Activities already achieved

• The International Conference, Congress and Meeting on Mental Health and Psychiatry that was held by Malaysia, Singapore and Thailand in the year 2012 that AMT’s members participated.
Activities already achieved

• The Workshop on Information Sharing on Drug Prevention & Treatment of Substance Abuse Disorder was held in Thailand on 3rd June 2013.

• The participants who were from AMT, UNODC, ASOD and CIMH (Australia) had agreed to;
  – Share information on basic data, policy documents, training modules, good/best practices, M&E tools, research data and list of experts.
  – Identify mechanisms to share information by using DAINAP, AMT website and AMT and ASOD meetings
  – Prioritized area on prevention and treatment; Methamphetamine, IVDU.
  – Develop joint human resource plan
Activities already achieved

• The Workshop to Develop ASEAN Policy Advocacy on Mental Health was held in Thailand during 4 - 5 June 2013. The participants from AMT agreed to develop “Policy Brief on Mental Health in ASEAN”

• The Policy Brief on Mental Health in ASEAN was approved by the 2nd AMT Meeting in Brunei, July 2013

• The content of the Policy are as follows;
The Policy Brief on Mental Health in ASEAN

A. Background

B. Key Issues in Mental Health in ASEAN

C. Proposed Key Solutions/Strategies
   1. Develop and promote effective models for mental health program
   2. Human resource management and development
   3. Financial resources mobilization to support key strategies
   4. Overcome treatment gaps
Ongoing Activities

• The International Conference, Congress and Meeting on Mental Health and Psychiatry that will be held by Malaysia, Philippines and Thailand in the year 2013-2014 that 10 AMS will be participated.

• The 2 AMT Publications; a) Countries Report on Mental Health and b) Best Practices/Case Studies of the Mental Health Care Integration among ASEAN Countries will be launched in April 2014.
Ongoing Activities

• The ASEAN Healthy Mind Day that will be launched in the week of 10th October 2014.

• The AMT’s outcome Indicators & data collection:
  – Psychosis Treatment Rate
  – Proportion of Mental Health Budget compared to GDP
  – Suicide Rate

• The Workshop to implement mhGAP in AMS will be held in 2014.

• The Mental Health Data Bank
The AMT Website
www.amt.dmh.go.th
Thank You