



MGMH
Movement for Global Mental Health



The Structure of MGMH

Results of the MGMH
Organisation Survey

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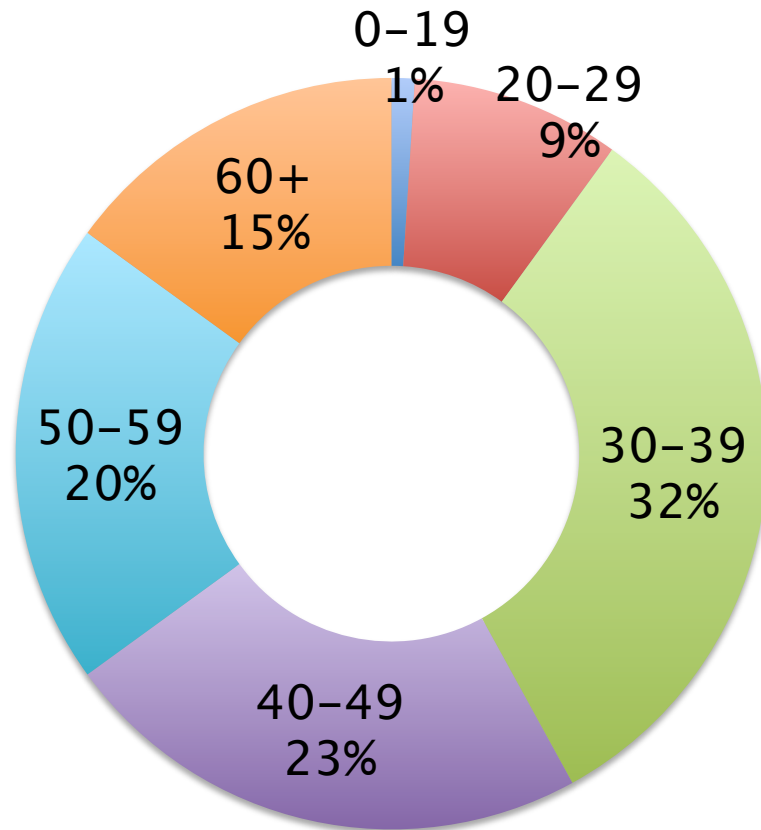
1. Survey overview and demographics of respondents
2. MGMH's current aims and objectives with respondents' comments
3. Future structure of MGMH: Options and survey results

1. Survey Overview

- 20 Questions:
 - Demographics
 - MGMH Aims and Objectives
 - Future Organisation of MGMH
 - Comments and Questions
- 4000 email recipients; advertised on website and social media
- 279 Survey respondents: 273 consented to complete the survey

Stated Age & Gender of Respondents

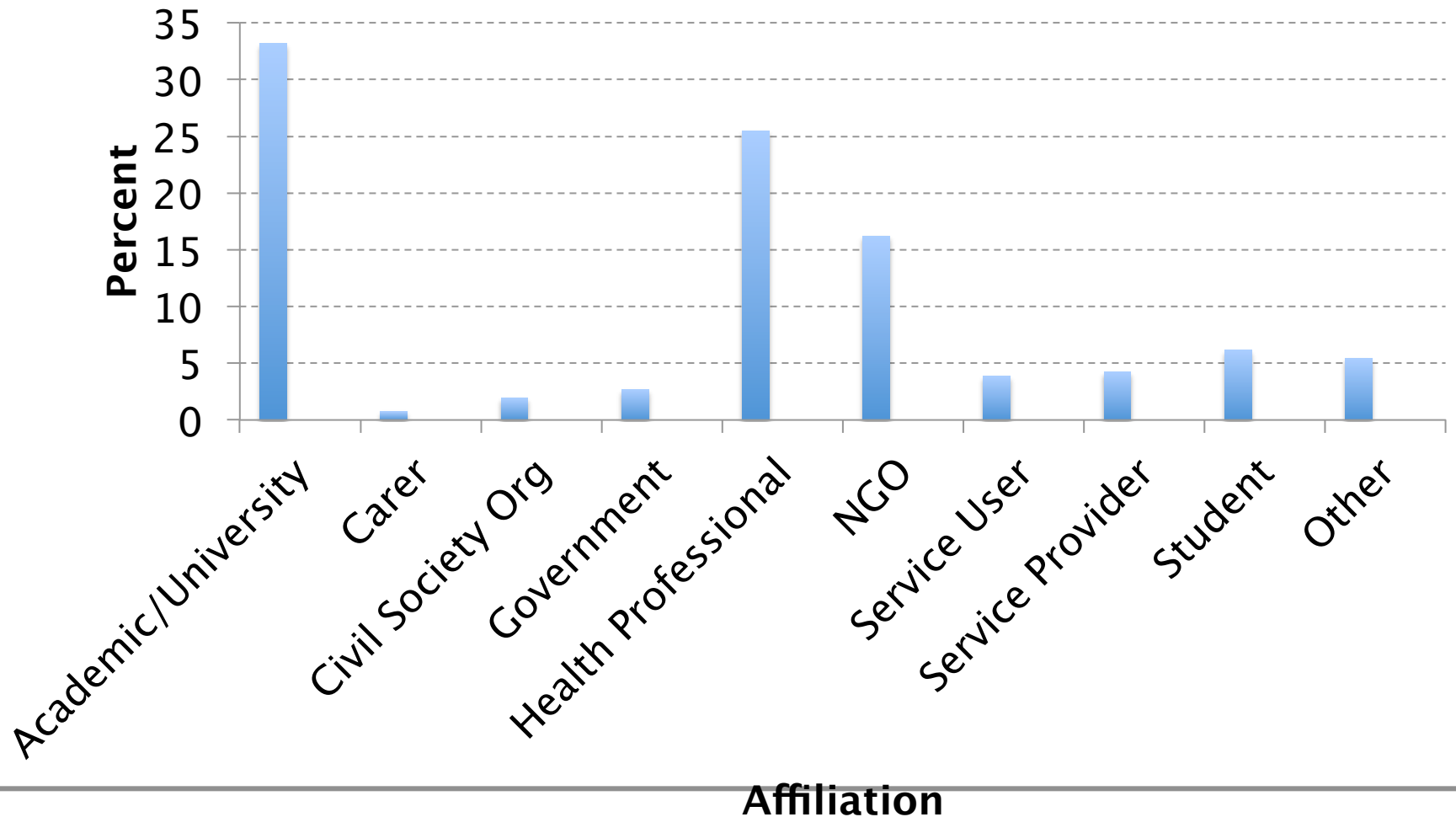
Age group (years)



Male Female



Professional Affiliation

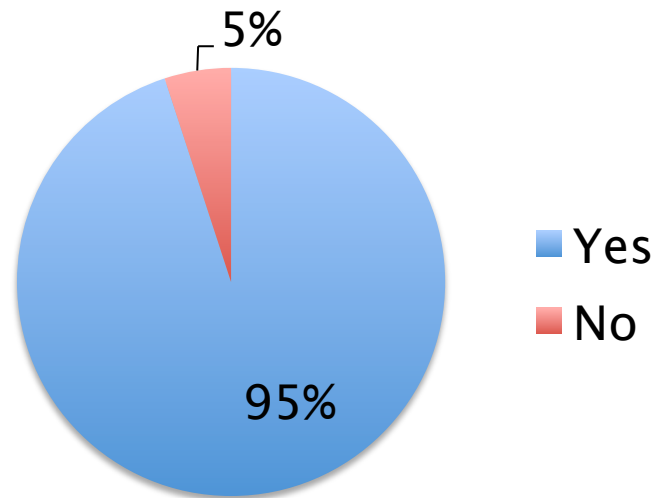


Do we change or stay as we are?

2. Aims and Objectives of MGMH

The Movement aims to improve the availability, accessibility and quality of services for people with mental disorders worldwide – especially in low and middle-income countries – by scaling up services based in scientific evidence and human rights.

Do you agree with the stated aims and objectives of the Movement?



- **Add consideration of cultural appropriateness**
- Remove “*mental disorders*” and replace with “*people with psychosocial disabilities*”
- Remove “*scaling up*” replace with “*improve services based on human rights obligations*”
- Recognise recovery movement
- Add to “*...improve availability, accessibility and quality of services*”
 - Equity
 - Affordability
 - Appropriateness
 - Feasibility
 - Sustainability
 - Cost-effectiveness



- Awareness
- Advocacy
- Stigma
- Empowerment
- Equity



- Include high, middle, and low-income countries, with emphasis on certain vulnerable groups
- Focus on vulnerable groups (e.g. emergency settings, women)
- Include low-resource communities in high-income countries
- Include Indigenous peoples
- Emphasis on countries without mental health laws

Feasible Now

- Support implementation of WHO Comprehensive Mental Health Action Plan
- Raise awareness
- Position Statements

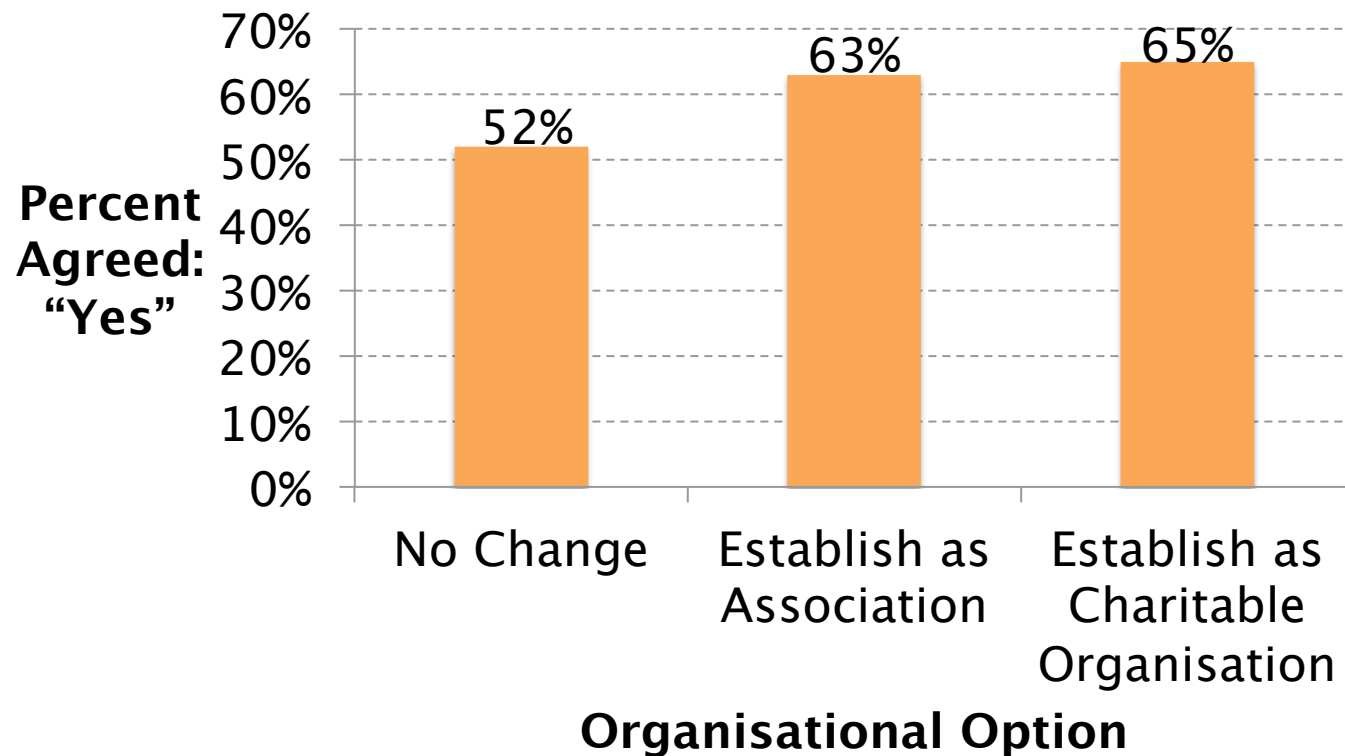
Require Resources

- Relationships with Government
- Establish regional/country hubs
- Mobilise members; recruit volunteers
- Monitoring and evaluation
- Human resource development
- Advocate for improved recognition of mental health in national and international health and development agendas
- Service delivery (e.g. specialist visit clinic)
- Enhance quality service delivery
- Support family and carers
- Support research in LMICs
- Knowledge translation & transfer

3. Options for Organisation of MGMH

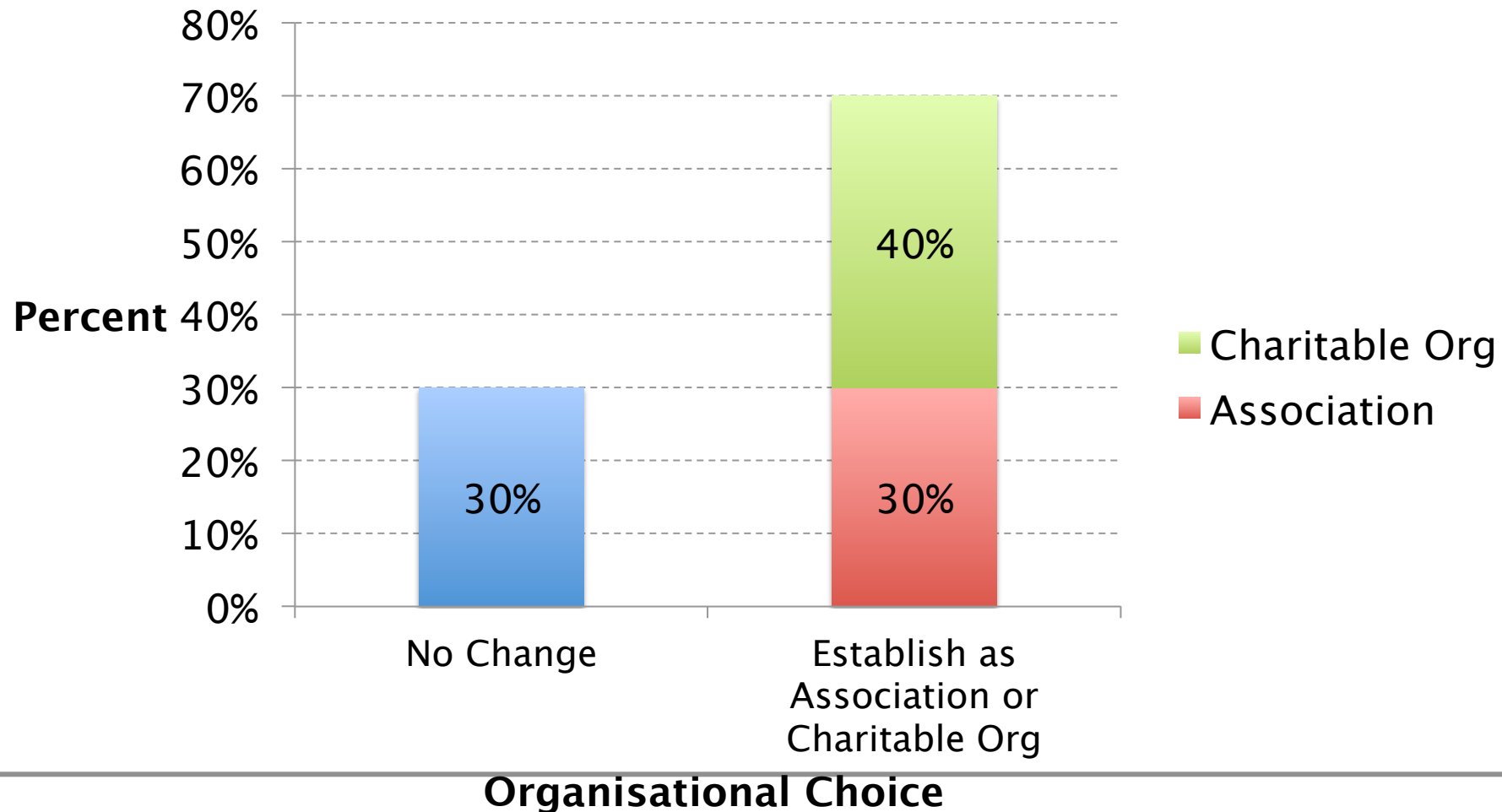
Option	Benefits	Challenges
No Change	<ul style="list-style-type: none"> • Little change required 	<ul style="list-style-type: none"> • Cannot collect funding • Momentum remains low • Formal partnerships not possible
Association	<ul style="list-style-type: none"> • Full autonomy • Can collect funds • Greater accountability 	<ul style="list-style-type: none"> • Requires significant human resources • Lengthy process
Charitable Organisation	<ul style="list-style-type: none"> • Can collect funds/donations • Great accountability 	<ul style="list-style-type: none"> • Requires significant human resources • Lengthy process

Is each organisational choice suited to the aims of MGMH?



First Preference Rankings

Percent of respondents ranking each option as their first preference



Consideration of Membership Fees

Income Category	Amount Cited Most Frequently
High Income	\$100 (\$0-1000)
Upper-middle Income	\$100 (\$0-500)
Lower-middle Income	\$0 or \$50 (\$0-300)
Low Income	\$0 (\$0-100)

Feasible Now

- Increased membership
- Diversity in membership (by country, region, profession etc.)
- Website activity
- Collaborative activities between members (linking through website)

Require Resources

- Collection of financial support/donations
- Formation of regional hubs/offices
- More activities in LMICs
- Professional development
- Formal links with other organisations
- Greater service delivery
- Publications
- Greater visibility and stronger presence online or at conferences
- Increased response rates to MGMH surveys

- Membership is varied and geographically diverse
- MGMH Aims and Objectives
 - Terminology: available for immediate change
 - Conceptual Framework: themes include awareness, stigma, and equity
 - Action Items: most require resources
- Future structure of MGMH
 - 70% of respondents ranked “*association*” or “*charitable organisation*” as first choice
 - Organisational options have challenges and opportunities

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